

OSHA Outreach 10-Hour and 30-Hour

Do you need...

- To meet a project's requirement to have your employees trained in the OSHA 10-Hour Construction Course
- An advantage over other Contractors and Sub-Contractors by having your employees trained
- Your employees able to avoid, recognize, and correct construction hazards that could lead to accidents or injuries
- To have your employees trained in either the OSHA 10 or OSHA 30-Hour Construction Program

OSHA Construction Safety Training

OSHA 10-Hour Construction Course

Participants who complete this course receive a wallet card issued by OSHA indicating that they have completed the 10-hour OSHA class. This course is designed for frontline workers and covers an Intro to OSHA, Electrical Safety, Fall Protection, Materials Handling, Hand & Power Tools, Personal Protective Equipment, Scaffolds, and other topics. The class is taught over 1 day.

OSHA 30-Hour Construction Course

This comprehensive course is intended for Foremen, Project Managers, Superintendents, Engineers, Construction Managers, and other personnel responsible for workplace safety. The curriculum includes required OSHA topics and is taught over 3 days.

Participants who complete either the OSHA 10-Hour and 30-Hour will receive a certificate of completion from the US Department of Labor, Occupational Safety & Health Administration.

Class Locations & Additional Information

Onsite classes are arranged through various Associations, and direct with companies requiring 10 or more Attendees

**For more info - call Cait Casey at
619/294-9863**

Price (can vary depending on number of participants)

OSHA 10-Hour: \$177 per student

OSHA 30-Hour: \$530 per student

Exclusive to Aspen RMG Clients

Aspen RMG is honored to have three OSHA Outreach Instructors for both General Industry and Construction