

ERGONOMICS SERVICES FOR SMALL AND MIDSIZED COMPANIES

Small and Midsized Company Ergonomics Service

Aspen RMG believes that practicing good ergonomics today is not just about setting up (and making ergonomic adjustments to) workstations.

The average U.S., full-time employee spends approximately 24% of their time at work. It is our opinion, that in addition to an evaluation of at-work activities, people (and companies) will benefit by learning about the contributing factors to musculoskeletal injury, and how they can prevent the possibility of these types of injuries (associated with sedentary work).

Our approach involves six steps:

1. Conduct a brief needs assessment so that we understand the types of workstations and work performed.
2. Provide education session on the Fundamentals of Ergonomics – incorporating specifics from the company's operations and processes.
3. Ask people to complete a Self Assessment.
4. Provide individual Ergonomic Assessments.
5. Provide pertinent handout/materials.
6. Phone and email assistance – 12 months.

About Aspen Risk Management Group

Aspen Risk Management Group (Aspen RMG) is an employee-owned consulting company dedicated to providing effective business improvement strategies for our clients. We are experts in delivering risk, safety, human resources, and business improvement services. We believe in providing solutions that are realistic, long-lasting, and become embedded to an organization's culture and operation.

Aspen RMG's Core Purpose

Our core purpose is to save lives, prevent injuries and illnesses, and protect our clients from financial