

OSHA Outreach 10-Hour and 30-Hour Training

Do you need...

- Your employees trained in either the OSHA 10 or OSHA 30-Hour Construction Program
- Your employees able to avoid, recognize, and correct construction or general hazards
- To comply with OSHA regulations
- To meet a project's requirement to have your employees trained in the OSHA 10-Hour Construction or General Industry Course
- An advantage over other Contractors and Sub-Contractors

OSHA 10-Hour Construction (or General Industry) Course

Participants who complete this course receive a wallet card issued by OSHA indicating that they have completed the 10-hour OSHA class. This course is designed for frontline workers and covers an Intro to OSHA, Electrical Safety, Fall Protection, Materials Handling, Hand & Power Tools, Personal Protective Equipment, Scaffolds, and other topics. The class is taught over 1 day.

OSHA 30-Hour Construction (or General Industry) Course

This comprehensive course is intended for Foremen, Project Managers, Superintendents, Engineers, Construction Managers, and other personnel responsible for workplace safety. The curriculum includes required OSHA topics and is taught over 3 days.

- Participants who complete either the OSHA 10-Hour and 30-Hour will receive a **Certificate of Completion** from the *US Department of Labor, Occupational Safety & Health Administration*.
- Aspen is honored to have 6 OSHA Outreach Instructors in both Construction and General Industry.
- Classes available in English or Spanish

Price may vary depending on # of participants

OSHA 10-Hour: \$195

OSHA 30-Hour: Call for pricing

(Onsite classes are customized and can be arranged with groups having 10 or more attendees)



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www.aspenrmg.com
619/294-9863